



MAMMA MIA MENU FRIDAY 31ST JULY

A P P E T I S E R

SUMMER VEGETABLE SOUP

CIABATTA CROUTE VG RGF

S T A R T E R S

DUO OF MELON AND EXOTIC FRUITS

PASSION FRUIT SORBET, MANGO GEL VG GF

GREEK STYLE MEATBALLS WITH FETA CHEESE

TOMATO AND BASIL SAUCE, ORZO PASTA AND ROCKET

M A I N S

BUTTER BASTED CHICKEN SUPREME

WILD MUSHROOM RISOTTO, CHARRED ASPARAGUS, CHICKEN AND TARRAGON JUS GF

ROASTED ESCALOPE OF SALMON

LEMON AND OREGANO ROASTED POTATOES, MEDITERRANEAN VEGETABLE TIAN, OLIVE TAPENADE GF

BUTTERNUT SQUASH AND LENTIL WELLINGTON

BEETROOT PUREE, ASPARAGUS, SMOKED RED PEPPER SAUCE VG

ALL MAIN COURSES SERVED WITH A SELECTION OF VEGETABLES.

D E S S E R T S

STRAWBERRY AND VANILLA CHEESECAKE

CRUSHED MERINGUES V

A SELECTION OF CHEESE

ONION CHUTNEY, CRACKERS, CELERY, GRAPES RGF

			
4 COURSES	DRINK*	£5 BET*	

V VEGETARIAN VG VEGAN GF GLUTEN FREE RGF REQUEST GLUTEN FREE ALTERNATIVE
RVG REQUEST VEGAN ALTERNATIVE RV REQUEST VEGETARIAN

MENU DISHES AND PRICES MAY CHANGE WITHOUT PRIOR NOTICE. ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, CEREALS CONTAINING GLUTEN & OTHER ALLERGENS ARE PRESENT AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. PLEASE ADVISE OUR STAFF IF YOU HAVE ANY FOOD ALLERGIES, INTOLERANCES, COELIAC DISEASE, OR OTHER DIETARY REQUIREMENT SO THAT WE CAN PROVIDE YOU WITH INGREDIENT INFORMATION TO MAKE A SAFE CHOICE. AS ALLERGENS ARE PRESENT ON SITE AND SOME OF OUR INGREDIENTS HAVE 'MAY CONTAIN' ADVICE, WE CANNOT GUARANTEE MENU ITEMS WILL BE COMPLETELY FREE FROM A SPECIFIC ALLERGEN. WEIGHTS STATED ARE APPROXIMATE UNCOOKED WEIGHTS

* TERMS AND CONDITIONS APPLY

ADULTS NEED AROUND 2,000KCAL PER DAY