

# AUGUST DINNER SET MENU

## MONDAY - THURSDAY



When dining on a package or promotion supplements apply on dishes indicated by 

### Starters

#### **TOMATO AND BASIL SOUP**

WARM BAKED SOURDOUGH (378KCAL) RGF VG

#### **SALMON AND LEEK FISH CAKE**

SOFTLY POACHED EGG, WARM "TARTARE" HOLLANDAISE, TARRAGON OIL (577KCAL)

#### **GRILLED HALLOUMI "SUPER FOOD" SALAD**

ROASTED BEETROOT, EDAMAME BEANS, QUINOA, BUTTERNUT SQUASH, CRISPY CHICKPEAS, MIXED LEAF'S, ORANGE AND MUSTARD SEED DRESSING, CANDIED WALNUTS (565KCAL) V RVG GF

### Mains

#### **CHARGRILLED 8OZ SIRLOIN STEAK**

TRIPLE COOKED CHIPS, GRILLED TOMATO, FLAT CAP MUSHROOM AND ONION RINGS (953KCAL) RGF

#### **HERB ROASTED RUMP OF LAMB**

CREAMED POTATOES, CHARRED ASPARAGUS AND PEAS, CARROT PUREE, LAMB JUS, MINT OIL (784KCAL) GF

SERVED WITH A SELECTION OF VEGETABLES (63KCAL PER SERVING)



#### **ROASTED SALMON ESCALOPE**

TOMATO LINGUINI, MUSSELS, KING PRAWNS, GARLIC, BASIL (946KCAL) RGF

SERVED WITH A SELECTION OF VEGETABLES (63KCAL PER SERVING)

#### **SWEET POTATO, AUBERGINE AND CAULIFLOWER CURRY**

INDIAN SPICED COUS COUS, GARLIC AND CORIANDER FLATBREAD, COCONUT RAITA (709KCAL) VG

SERVED WITH A SELECTION OF VEGETABLES (63KCAL PER SERVING)

### Desserts

#### **CHOCOLATE PANNA COTTA**

CINNAMON POACHED PEAR, VANILLA MADELEINE BISCUITS (622KCAL) RGF

#### **A SELECTION OF ICE CREAMS**

SUGAR CONE, RASPBERRY SAUCE, TOASTED NUTS, SPRINKLES (449KCAL) V RGF

2 COURSES

**£18**

3 COURSES

**£22**

V VEGETARIAN VG VEGAN GF GLUTEN FREE RGF REQUEST GLUTEN FREE ALTERNATIVE RVG REQUEST VEGAN ALTERNATIVE

MENU DISHES AND PRICES MAY CHANGE WITHOUT PRIOR NOTICE. ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, CEREALS CONTAINING GLUTEN & OTHER ALLERGENS ARE PRESENT AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. PLEASE ADVISE OUR STAFF IF YOU HAVE ANY FOOD ALLERGIES, INTOLERANCES, COELIAC DISEASE, OR OTHER DIETARY REQUIREMENT SO THAT WE CAN PROVIDE YOU WITH INGREDIENT INFORMATION TO MAKE A SAFE CHOICE. AS ALLERGENS ARE PRESENT ON SITE AND SOME OF OUR INGREDIENTS HAVE 'MAY CONTAIN' ADVICE, WE CANNOT GUARANTEE MENU ITEMS WILL BE COMPLETELY FREE FROM A SPECIFIC ALLERGEN. WEIGHTS STATED ARE APPROXIMATE UNCOOKED WEIGHTS

\* TERMS AND CONDITIONS APPLY

ADULTS NEED AROUND 2,000KCAL PER DAY