

MARCH - APRIL DINNER MENU

(298KCAL SERVES 2) ∨ GF	3	
A SELECTION OF WARM BREADS WITH BUTTER (652KCAL SERVES 4) V		
LEEK AND POTATO SOUP SOURDOUGH ROLL (317KCAL) VG RGF	6	
NAPOLEONS CLASSIC PRAWN COCKTAIL BLOODY MARY MAYONNAISE, WHOLEMEAL BLOOMER (385KCAL) RGF	8	
CHARRED HALLOUMI WATERMELON, MARINATED TOMATOES, CANDIED SUNFLOWER SEEDS,	8	
CHIPOTLE AND MINT DRESSED ROCKET (434KCAL) v gf		

8OZ SIRLOIN STEAK (953KCAL)	19	
8OZ FILLET STEAK (844KCAL)	27	- 7 ((
SALMON ESCALOPE (943KCAL)	21	- ((
	лато,	
FLAT CAP MUSHROOM AND ONION RINGS RGF PEPPERCORN	мато,	(
ALL GRILLS SERVED WITH TRIPLE COOKED CHIPS, GRILLED TON FLAT CAP MUSHROOM AND ONION RINGS RGF PEPPERCORN (76KCAL) GF DIANE (70KCAL) GF		-



SMOKED APPLEWOOD CHEESE, TOMATO SALSA, GUACAMOLE, LETTUCE, TOMATO (1,002KCAL) VG

SERVED WITH HASSELBACK POTATOES, COLESLAW AND DILL PICKLE

15

CHARGRILLED SIRLOIN STEAK 19 STROGANOFF MUSHROOMS, ROASTED GARLIC SPINACH, POTATO FONDANT (658KCAL) GF CIDER BRAISED PORK RIBEYE 19 CREAMY CHAMP POTATOES, BALSAMIC GLAZED PEAR, ROASTED HERITAGE CARROT, PAN JUICES (971KCAL) GF SUPREME OF CHICKEN 17 STUFFED WITH SUN BLUSH TOMATOES AND OLIVES, LEMON AND BASIL CREAMED GNOCCHI, RED PEPPER RELISH (677KCAL) RGF **GRILLED FILLET OF HAKE** 19 CRUSHED POTATOES, WILTED BABY GEM, PANCETTA, PEAS, PEARL ONIONS, CRÈME FRAICHE (560KCAL) GF MOROCCAN SPICED SWEET POTATO, 16 CHICKPEA AND APRICOT FILO STRUDEL FRAGRANT ALMOND COUS COUS, TAHINI DRESSING (977KCAL) vg ALL MAINS SERVED WITH A SELECTION OF VEGETABLES (63KCAL PER SERVING)

Sides			
TRIPLE COOKED CHIPS (307KCAL)	3 ③	TOSSED SALAD (64KCAL) v rvg gf	3 ③
ONION RINGS (203KCAL)	3 ③	PARMESAN AND TRUFFLE FRIES (468KCAL)	4 4
MASHED POTATOES (263KCAL) v gf	3 3		



GLUTEN FREE AND VEGAN DESSERTS AVAILABLE UPON REQUEST



 $\textbf{v} \ \mathsf{VEGETARIAN} \ \ \textbf{vG} \ \mathsf{VEGAN} \ \ \textbf{GF} \ \mathsf{GLUTEN} \ \mathsf{FREE} \ \ \mathsf{RGF} \ \mathsf{REQUEST} \ \mathsf{GLUTEN} \ \mathsf{FREE} \ \mathsf{ALTERNATIVE} \ \ \ \textbf{RVG} \ \mathsf{REQUEST} \ \mathsf{VEGAN} \ \mathsf{ALTERNATIVE} \ \ \mathsf{NVG} \ \mathsf{NV$

MENU DISHES AND PRICES MAY CHANGE WITHOUT PRIOR NOTICE. ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, CEREALS CONTAINING GLUTEN & OTHER ALLERGENS ARE PRESENT AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS, PLEASE ADVISE OUR STAFF IF YOU HAVE ANY FOOD ALLERGIES, INTOLERANCES, COELIAC DISEASE, OR OTHER DIETARY REQUIREMENT SO THAT WE CAN PROVIDE YOU WITH INGREDIENT INFORMATION TO MAKE A SAFE CHOICE. AS ALLERGENS ARE PRESENT ON SITE AND SOME OF OUR INGREDIENTS HAVE 'MAY CONTAIN' ADVICE, WE CANNOT GUARANTEE MENU ITEMS WILL BE COMPLETELY FREE FROM A SPECIFIC ALLERGEN.
*TERMS AND CONDITIONS APPLY

ADULTS NEED AROUND 2,000KCAL PER DAY