

MARCH - APRIL DINNER MENU

MARINATED OLIVES (298KCAL SERVES 2) v gf	3
A SELECTION OF WARM BREADS OLIVE OIL, HOUMOUS & SUN BLUSH TOMATOES (841KCAL SERVES 4) V	3
A SELECTION OF WARM BREADS WITH BUTTER (652KCAL SERVES 4) V	2
LEEK AND POTATO SOUP SOURDOUGH ROLL (317KCAL) vg rgf	6
NAPOLEONS CLASSIC PRAWN COCKTAIL BLOODY MARY MAYONNAISE, WHOLEMEAL BLOOMER (385KCAL) RGF	8
CHARRED HALLOUMI WATERMELON, MARINATED TOMATOES, CANDIED SUNFLOWER SEEDS, CHIPOTLE AND MINT DRESSED ROCKET (434KCAL) v gf	8
SCORCHED MACKEREL FILLET ON TOAST WARM CHORIZO AND NEW POTATO SALAD, CARAMELISED APPLE PUREE (676KCAL)	8
SLOW BRAISED SHIN OF BEEF FRITTER YORKSHIRE PUDDING, RED ONION COMPOTE, HENDERSON'S GRAVY (700KCAL)	8

(734KCAL) vg

8OZ SIRLOIN STEAK (953KCAL)	19
10OZ RIBEYE STEAK (987KCAL)	23
8OZ FILLET STEAK (844KCAL)	27
CHICKEN BREAST (763KCAL)	17
SALMON ESCALOPE (943KCAL) ALL GRILLS SERVED WITH TRIPLE COOKED CHIPS, GRILLED TO FLAT CAP MUSHROOM AND ONION RINGS RGF	21 мато,
PEPPERCORN (76KCAL) GF	3
DIANE (70KCAL) GF	3
	3

WAGYU BEEF BURGER ON A PRETZEL BUN WITH SMOKED PANCETTA, JACK CHEESE, LETTUCE, TOMATO (1,367KCAL) SERVED WITH SWEET POTATO FRIES, ONION RINGS, DILL PICKLE AND RELISH PLANT BASED BURGER 15

SMOKED APPLEWOOD CHEESE, TOMATO SALSA,
GUACAMOLE, LETTUCE, TOMATO
(1,016KCAL) VG
SERVED WITH HASSELBACK POTATOES, COLESLAW AND DILL PICKLE

CHARGRILLED SIRLOIN STEAK STROGANOFF MUSHROOMS, ROASTED GARLIC SPINACH, POTATO FONDANT (658KCAL) GF	19
FIVE SPICED DUCK BREAST MINI DUCK SPRING ROLL, BUTTERNUT SQUASH PUREE, PAK CHOI, BLACK BEAN SAUCE (719KCAL) RGF	21 (
CIDER BRAISED PORK RIBEYE CREAMY CHAMP POTATOES, BALSAMIC GLAZED PEAR, ROASTED HERITAGE CARROT, PAN JUICES (971KCAL) GF	19
SUPREME OF CHICKEN STUFFED WITH SUN BLUSH TOMATOES AND OLIVES, LEMON AND BASIL CREAMED GNOCCHI, RED PEPPER RELISH (677KCAL) RGF	17
GRILLED FILLET OF HAKE CRUSHED POTATOES, WILTED BABY GEM, PANCETTA, PEAS, PEARL ONIONS, CRÈME FRAICHE (560KCAL) GF	19
BAKED STUFFED PEPPERS WITH MEDITERRANEAN VEGETABLES AND ORZO PASTA, ITALIAN CHEESE AND GREEN HERB CRUMB, ARRABBIATA SAUCE (640KCAL) VRGF	16
MOROCCAN SPICED SWEET POTATO, CHICKPEA AND APRICOT FILO STRUDEL FRAGRANT ALMOND COUS COUS, TAHINI DRESSING (977KCAL) VG	16

Sides			
TRIPLE COOKED CHIPS	3 ③	TOSSED SALAD	3 ③
(307KCAL)		(64KCAL) v rvg gf	
ONION RINGS	3 3	PARMESAN AND TRUFFLE FRIES	4 4
(203KCAL)		(468KCAL)	
MASHED POTATOES	3 3		
(263KCAL) v gf			

ALL MAINS SERVED WITH A SELECTION OF VEGETABLES (63KCAL PER SERVING)



A SELECTION OF CHEESE

8 (2)

FRUIT CHUTNEY, CRACKERS, CELERY, GRAPES (907KCAL) RGF

GLUTEN FREE AND VEGAN DESSERTS AVAILABLE UPON REQUEST



V VEGETARIAN VG VEGAN GF GLUTEN FREE RGF REQUEST GLUTEN FREE ALTERNATIVE RVG REQUEST VEGAN ALTERNATIVE

MENU DISHES AND PRICES MAY CHANGE WITHOUT PRIOR NOTICE. ALL OUR FOOD IS PREPARED IN A KITCHEN WHERE NUTS, CEREALS CONTAINING GLUTEN & OTHER ALLERGENS ARE PRESENT AND OUR MENU DESCRIPTIONS DO NOT INCLUDE ALL INGREDIENTS. PLEASE ADVISE OUR STAFF IF YOU HAVE ANY FOOD ALLERGIES, INTOLERANCES, COELIAC DISEASE, OR OTHER DIETARY REQUIREMENT SO THAT WE CAN PROVIDE YOU WITH INGREDIENT INFORMATION TO MAKE A SAFE CHOICE. AS ALLERGENS ARE PRESENT ON SITE AND SOME OF OUR INGREDIENTS HAVE 'MAY CONTAIN' ADVICE, WE CANNOT GUARANTEE MENU ITEMS WILL BE COMPLETELY FREE FROM A SPECIFIC ALLERGEN. * TERMS AND CONDITIONS APPLY

ADULTS NEED AROUND 2,000KCAL PER DAY